

2026 GMA MARTIAL ARTS CLASS SCHEDULE

BRAZILIAN JIU-JITSU / WING CHIN / TAI CHI / HAPKIDO

ROCIAN GRACIE / BRAZILIAN JIU-JITSU

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM to 1PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
TIMES	GMA WILL OPEN A MORNING GROUP TIME SLOT WITH 4 PEOPLE MINIMUM					
KIDS 6 TO 12 4:45PM TO 5:40PM	KIDS JIUJITSU	KIDS JIUJITSU TECHNIQUE CLASS	KIDS JIUJITSU		KIDS GRAPPLING 4:45 TO 5:30	
ADULTS /TEENS 5:30PM TO 6:30PM		JIU-JITSU GI TECHNIQUE CLASS Flow/Tech Grappling			JIU-JITSU GI 5:30 to 6:30PM	
ADULTS /TEENS 5:45PM TO 7:00PM	JIU-JITSU GI		JIU-JITSU GI			
ADULTS /TEENS 6:30PM TO 7:30PM		ADULT & TEEN JIU-JITSU GI TECHNIQUE CLASS Flow/Tech Grappling				
ADULT / TEENS 7:00PM TO 7:45PM	ADULT & TEEN JIU-JITSU GI OPEN GRAPPLING		ADULT & TEEN JIU-JITSU GI OPEN GRAPPLING			CLOSED 8PM

TAICHI & WING CHUN

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30AM 45 Minutes	TAICHI ADULTS & SENIORS		TAICHI ADULTS & SENIORS		TAICHI ADULTS & SENIORS	
9:00AM 45 Minutes		FORMS ONLY TEEN & ADULTS				
9:30 AM 45 Minutes	WING CHUN TEEN & ADULTS		WING CHUN TEEN & ADULTS		WING CHUN TEEN & ADULTS	

COMMANDO HAPKIDO / TKD

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FAMILY CLASS HOMESCHOOL 10:30AM	HAPKIDO / TKD ADULTS 45M	PRIVATE	HAPKIDO / TKD ADULTS 45M	PRIVATE	HAPKIDO / TKD ADULTS 45M	
6:30PM TO 7:30PM						
7:00PM ADULTS 15 - UP	HAPKIDO & TKD 45 - 60M	PRIVATE	HAPKIDO & TKD 45 - 60M	HAPKIDO & TKD 45 - 60M		

ALL CLASSES WILL TEACH AND REVIEW REQUIRED TECHNIQUES TO ADVANCE TO YOUR NEXT LEVEL, HAVE FAITH IN THE LEARNING PROCESS. GMA HAS CREATED SOME OF THE TOP BLACK BELTS, SUPERIOR FIGHTERS AND COMPETITORS AT ALL LEVELS. THE WEEKLY FOCUS IS LISTED ABOVE. IT IS IMPORTANT NOT TO MISS CLASSES. YOU WILL NOT ADVANCE TO ANY BELT LEVELS IF YOU DO NOT HAVE ENOUGH CLASS ATTENDANCE CREDITS AND THE REQUIRED SKILLS FOR THAT LEVEL. IF YOU ARE SICK PLEASE CALL THE ACADEMY AND INFORM THE OFFICE OR YOUR INSTRUCTOR.

ONLY GMA GEAR, UNIFORMS IS ALLOWED. PLEASE REVIEW SCHOOL RULES ONLINE.

WEBSITE: www.GMATeam.com OR www.Globalmartialartsusa.com

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